



October 2026



Bluegrass Intergroup
253 Market Street
Lexington, KY 40509
(859) 559-5368

BluegrassIntergroup.org



Office Hours: Mon. - Fri. 12pm - 6pm; Sat. 10am - 4pm

If you need help with a drinking problem, please contact our central office at (859) 559-5368

10 Continued to take personal inventory and when we were wrong promptly admitted it.



I check up on myself. I am honest.

Reprinted from the pamphlet *The Twelve Steps Illustrated* with permission of A.A. World Services, Inc.

p1: 10th month step/tradition, tradition checklist, 10th step quote

p2: Flyers for upcoming events

p3: 7th Tradition information, 12 & 12 quote

Step 10, Tradition 10, and Tradition Checklist

STEP 10: Continued to take personal inventory and when we were wrong promptly admitted it.

TRADITION 10: Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

TRADITION 10 CHECKLIST

1. Do I ever give the impression that there really is an "AA opinion" on doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? Prescribed medications? Other drugs? Other 12-Step programs? Vitamins? Al-Anon? The federal or state government?
2. Can I honestly share my own personal experience concerning any of those without giving the impression that I'm stating the "AA opinion"?
3. What in AA history gave rise to our Tenth Tradition?
4. What would AA be without this Tradition? Where would I be?
5. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
6. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?
7. Should the meeting secretary intervene to remind AA members about this Tradition if a member starts criticizing one political party compared to others or favoring a religion over others?

"We have entered the world of the Spirit. Our next function is to grow in understanding and effectiveness. This is not an overnight matter. It should continue for our lifetime. Continue to watch for selfishness, dishonesty, resentment, and fear. When these crop up, we ask God at once to remove them. We discuss them with someone immediately and make amends quickly if we have harmed anyone. Then we resolutely turn our thoughts to someone we can help. Love and tolerance of others is our code." (p. 84)

"It is easy to let up on the spiritual program of action and rest on our laurels. We are headed for trouble if we do, for alcohol is a subtle foe. We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition." (p. 85)

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BLUEGRASS INTERGROUP PRESENTS

ANNUAL AA BANQUET 2026

SATURDAY OCTOBER 3
4:00 PM-8:00 PM

SILENT AUCTION | 50/50 RAFFLE | FOOD
FELLOWSHIP | SPEAKERS

SINGLE TICKET = \$25



FULL TABLE = \$175



VOLUNTEER SIGNUP



ST LUKE'S CHURCH
2351 ALUMNI DRIVE
LEXINGTON KY 40517

INDIVIDUALS OR HOMEGROUPS INTERESTED IN DONATING THEMED BASKETS FOR THE
SILENT AUCTION SHOULD CONTACT CASEY AT (859) 940-7082 OR GIGI AT (859) 648-7453
[HTTPS://BLUEGRASS-INTERGROUP-BANQUET-TICKETS.SQUARE.SITE/](https://bluegrass-intergroup-banquet-tickets.square.site/)

Emotional Sobriety

Workshop presented by District 28

Saturday 10/24/26

3:30pm – 5pm

Alano Club 370 E 2nd St Lex, KY

"Thus I think it can work out with emotional sobriety. If we examine every disturbance we have, we will find at the root of it some unhealthy dependency and its consequent unhealthy demand...I have been given a quiet place in bright sunshine." - Bill W. 1958



AREA 26 FALL ASSEMBLY

Hosted by Districts: 6, 18, 32, 25
October 10-11

Holiday Inn Cincinnati Airport
1717 Airport Exchange Blvd
Erlanger, Ky 41014
Room rate of \$119 per night
888-465-4329
Room code: C2D

HOTEL QR




Bluegrass Intergroup



Monthly meeting of your Bluegrass Intergroup!!!

**First Thursday of each month
6:30pm**

**New Life Community Church
3353 Clays Mill Rd.
Lexington, KY
40503**

If you are a new IGR, please fill out the [New IGR form](#).

If your group does not have an IGR, but you would like to attend, please email:
BluegrassIntergroup@gmail.com



Complete minutes from monthly IGR meetings are available upon request from the Intergroup Office: BluegrassIntergroup@gmail.com

"A continuous look at our assets and liabilities, and a real desire to learn and grow by this means, are necessities for us. We alcoholics have learned this the hard way. More experienced people, of course, in all times and places have practiced unsparing self-survey and criticism. For the wise have always known that no one can make much of his life until self-searching becomes a regular habit, until he is able to admit and accept what he finds, and until he patiently and persistently tries to correct what is wrong." (p. 88)

"It is a spiritual axiom that every time we are disturbed, no matter what the cause, there is something wrong *with us*." (p. 90)

"We can try to stop making unreasonable demands upon those we love. We can show kindness where we had shown none. With those we dislike we can begin to practice justice and courtesy, perhaps going out of our way to understand and help them." (p. 93)

7th tradition contributions can be mailed to:

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Lexington, KY 40507

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P.O. Box 50542
Bowling Green, KY
42102-3742

GSO
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New York, NY 10116-2407